



General Medicine

Description:

- Activities to be undertaken: Outpatient clinics in Cardiology, Internal Medicine, Neurology and Gastroenterology.
- Observe Outpatient procedures like OGD scopies - Ward rounds.
- History and physical examinations in clinics and in patients.
- Order relevant investigations, present bedside tutorials and monitor the progress of patients.
- Observe procedures like urinary catheterisations, phlebotomies, IV cannulations, Nasogastric tube insertion, chest drains etc.

Modules:

Clinical Upskilling- Each elective will be 6 weeks long consisting of 6 modules (1 week each), so that students can pick to choose:

Module 1 :- Cardiovascular System (CVS)

- History taking & clinical examination
- Coronary Artery Disease (CAD)
- Rheumatic Heart Disease (RHD)
- Coronary Heart Disease (CHD)
- Hypertension (HTN)
- ECG, X- Ray, Echo

Module 2: Respiratory System (RS)

- R/s history taking & clinical examination
- Obstructive Lung Disease (OLD)
- Restrictual Lung Disease (RLD)
- Respiratory Tract Infection (RTI)
- Tuberculosis (TB)

Module 3:- Gastrointestinal and Hepatobiliary system

- Diarrhoeal Disease
- Irritable Bowel Syndrome (IBS)/ Inflammatory Bowel Disease (IBD)
- Jaundice and Viral Hepatitis
- Chronic huer/ hiler disease (Pls correct)
- Acute/ Chronic Pancreatitis Gallstone Disease
- Acid Peptic Disease & Gastroesophageal Reflux Disease (GERD)

Module 4:- Neurological system

- History taking & clinical examination
- Higher Mental Functions (HMF) Examination & Dementia
- Stroke
- Spinal Cord Disease
- Peripheral Neuropathy
- Demyelinating Disorders

Module 5:- Diabetology

- History taking & clinical examination
- Type and Diagnosis of Diabetes
- Management of Diabetes Mellitus (DM)
- Complications of Diabetes Mellitus (DM)
- Lifestyle Modification in DM
- Diabetes Counselling
 - Insulin Therapy
 - Hypoglycemia Awareness
 - Foot Care

Module 6:- Psychiatry

- Psychiatric history taking & assessment
- Delirium
- Anxiety and Depression
- Schizophrenia, Acute Psychosis
- Attention-Deficit/Hyperactivity Disorder (ADHD)
- Addiction